

Intensive Treatment Program Interview with Dr. Bruce Mansbridge of The
Austin Center for the Treatment of Obsessive-Compulsive Disorder in
Austin, Texas
February 2012

1. When did you open your program?

We began our intensive outpatient program for adults in 2003; for families with children with OCD in 2008.

2. Please describe the staff that work at your program in terms of their backgrounds, credentials and experience.

Bruce Mansbridge, PhD, Director, has been in practice for 32 years, specializing in OCD for over half that. He received his PhD in clinical psychology from Boston University in 1979, is past president of both the Connecticut Behavior Therapy Association and the Capital Area (Austin) Psychological Assn, is a member of the IOCDF Scientific Advisory Board, has been on the faculty for several IOCDF Behavior Therapy Training Institutes (BTTIs), and is currently licensed in NY and TX. He is a clinical assistant professor of psychology at the University of Texas in Austin and the author of *The Complete Idiot's Guide to Conquering Obsessive-Compulsive Behavior*.

Tamara Bryan, PhD earned her PhD in clinical psychology from the University of Kansas. She went on to provide clinical services at Montefiore Medical Center in the Bronx and St Luke's-Roosevelt Hospital Center in New York City for several years. Dr Bryan also worked at Columbia University on a NIMH-funded research project. She has lectured to clinicians and trainees on a variety of topics related to cognitive-behavioral therapy, and has supervised psychology trainees and psychiatry residents. She has treated OCD for over ten years and is licensed in New York, New Jersey, and Texas.

Misti Nicholson, PsyD, a specialist in children and adolescents, received her doctor of psychology degree from George Fox University in Newberg, Oregon. Dr Nicholson completed an APA-accredited predoctoral internship at Cherokee Health Systems in Knoxville, TN, where she gained valuable experience working with patients in a pediatric primary care clinic, an outpatient day treatment program, and a traditional outpatient mental health office. In addition, she has experience working with children and adolescents in residential and correctional settings.

Katarina Asbury, MA, LPC-I, NCC, received her masters degree from Gallaudet University in Washington, DC. In addition to OCD, she has a special interest in treating trichotillomania and skin picking. She works well with both adolescents and adults and is fluent in American Sign Language.

We also have 2-4 student interns (graduate students working on their PhD in clinical psychology at the University of Texas at Austin, who are well trained in this type of therapy) and are an integral part of our intensive programs.